
Caregiver Confidence Education Series: Summer 2023

For anyone caring for a loved one, the right information, at the right time, can mean the difference between feeling helpless and feeling hopeful.

HopeHealth's Caregiver Confidence Education Series is designed to empower caregivers with tools and resources as they navigate caring for a loved one with an illness.

All sessions are free and held via Zoom. There will be time for Q&A following each presentation.



Home Care, Palliative Care, and Hospice: Making the Right Choice

When caring for a loved one requires more than we can do on our own, we need to know what services are out there to help us. In this workshop we will review the options available at all stages of illness, how they differ and how to know which one is the right choice for your loved one.

Monday, June 12, 2023
12:00 – 1:00 p.m.

Presenter:
Lisa Wasson, RN, CHPN, CMDCP

Advance Directives: What Families Should Know

Making medical decisions can be difficult when facing any illness. That is why an advance directive is so important to have. In this workshop we will discuss what advance directives are, who needs to have them and more.

Monday, July 10, 2023
12:00 – 1:00 p.m.

Presenter:
Lisa Wasson, RN, CHPN, CMDCP

Comfort for Caregivers: Strategies for Dealing with Caregiver Stress

Caring for a loved one strains even the most resilient people. In this workshop, we will discuss strategies for dealing with caregiver stress and learn effective ways to preserve your own health and well-being.

Monday, August 7, 2023
12:00 – 1:00 p.m.

Presenter:
Marsha Ireland, BA, MA Candidate

REGISTRATION

To register for these virtual workshops, visit HopeHealthCo.org/CaregiverEducation

For questions or more information please email CommunityEducation@HopeHealthCo.org or call (401) 793-1288.